

# WIAA Track & Field Championships

## Section #8

### Wisconsin Lutheran Regional

**Monday, May 23, 2011**

1. Directions: Wisconsin Lutheran High School  
330 N. Glenview Avenue  
Milwaukee, WI 53213  
  
I-94: Exit at 84th Street (State Fair/Pettit National Ice Center Exit)  
....go north on 84th Street .5 miles to the school which is on  
the east side of the street. (84th and Glenview Ave are the  
same road).
2. Time Schedule  

Facility Open	2:30pm
Coaches Meeting	3:15pm
Pole Vault Begins	3:30pm
Other Field Events	3:45pm
3200 Relay...	4:30pm
3. Review: Please review the Track & Field Tournament Procedures  
listed on pages 52-63 of the WIAA Spring Season Regulations  
Booklet.
4. Officials:  

Meet Referee/Field Referee	-	Mr. Robert Kern
Starter	-	Mr. Tim Shore
Starter	-	Mr. Jim Brand
5. Entries:  
1 Relay Team per event  
28 individual entries  
3 per individual event  
Individual limit-4 per meet, no more than three running or  
three field events.
6. Entry Forms: Due by 11:59pm on Thursday May 19<sup>th</sup>.  
All entries will be done online through PT Timing.  
All heat sheets will also be posted by PT Timing.

Coaches will not be allowed to make substitutions unless an athlete is injured, ill or has been disciplined by their school. In the event an athlete is inadvertently left out of the entries by the coach, refer to the language in the Tournament Series Information (posted on the WIAA School Center) and contact the WIAA.

7. Teams: Mukwonago, Muskego, Pius XI, Racine Case, Racine Horlick, Racine Park, Union Grove, Whitnall, Wisconsin Lutheran
8. Scoring: 8 places (10-8-6-5-4-3-2-1)
9. Advancement: The top 4 finishers in each event from the Regional move on to the Sectional – Thursday at Mukwonago High School.
10. Ties There can be no ties in any event relating to qualifiers at the Regional Meet.
- In the event the tie is in a running event, there must be a run-off between the tied competitors. Ties in field events must be broken by using the procedure stipulated in the official rule book to break first place ties.
- The best achievement will be recorded and used for extra qualifying with a jump-off/run-off is conducted.
11. Awards: WIAA Team Plaque to the Boys and Girls Champions
12. Admissions: Adult: \$4.00  
K-12th: \$3.00  
Pre-School: \$1.00
- School Administrator & AD and spouses admitted free of charge. 3 coaches spouses also free of charge.  
*Please supply a list by Friday at 3:00pm.*
13. Rain Date: Tuesday, May 24th, 2011 (Same Time Schedule)
14. Jury of Appeals: Tim Shore - Assistant Starter  
Jim Brand - Assistant Starter  
Jeff Sitz - Meet Director  
*Whitnall* Boys Coach (thanks!)  
*Union Grove* Girls Coach (thanks!)
15. Restricted Areas: The infield will be a restricted area during the meet, as will the start and finish areas.
16. Opening Heights: Will be determined by the meet management according to the WIAA format.
17. Field Events: The Long and Triple Jumps will be open pit for the preliminaries. (55 minutes)

Discus is thrown on the track infield.

18. Equipment: Shots and Discus will be weighed and measured at the storage garage in the Stadium.
19. Trainer Mr. Duane Mueller, an athletic trainer from the Sports Medicine Center of Froedtert Hospital, will be on hand.
20. Facility: Seal Flex, 8 lane track. Discus is thrown inside the oval. Long and triple jump and pole vault runways are east of the track. High Jump located on the south end and the shot put is located on the north end of the track. Spectator seating only on the west side of the track. 1/4" spikes from sole of shoe.
21. Results Results will be available to the coaches approximately 10 minutes after completion of the final event. We will distribute the results to coaches in the stadium bleachers.
22. Questions Please contact Jeff Sitz, director of Athletics at WLHS, 414-453-4567, ext. 2007. Cell is 414.429.8866

Please refer to the Regional and Sectional Track and Field Information booklet that available to all coaches on line from the WIAA for more detailed information regarding the operation of the meet.