

WISCONSIN LUTHERAN HIGH SCHOOL TRACK & FIELD

GIRLS' ALL-TIME LISTS

ODD EVENTS

3 X 100 Meter High Hurdle Relay

50.68	<i>Emily Rasmussen, Katie Adam, Rachel Scheibe</i>	2003
51.00	Danielle Loberg, Astasha Findley, Christa Winslow	2011
51.60	Emily Rasmussen, Michelle Mitchell, Sam Groth	2006
51.99	Rachel Scheibe, Katie Adam, Charlotte Shaw	2001
51.8	Kim Gawrisch, Tracy Keller, Katie Schulz	1997
52.6	Katie Pate, Rachel Scheibe, Katie Adam	2002
52.6	Tracy Keller, Lisa Gawrisch, Katie Schulz	1995
52.8	Kristin Pinske, Charlotte Shaw, Katie Adam	2000
53.2	Michelle Mitchell, Taylor Bugos, Sam Groth	2007
53.8	Kristin Pinske, Jenni Goodger, Kim Gawrisch	1998

3 X 300 Meter Low Hurdle Relay

2:29.3	<i>Katie Pate, Rachel Scheibe, Katie Adam</i>	2002
2:29.64	Emily Rahn, Katie Adam, Rachel Scheibe	2003
2:30.13	Rachel Scheibe, Charlotte Shaw, Katie Adam	2001
2:32.62	Christa Winslow, Kaila Spath, Danielle Loberg	2010
2:32.6	Claire Jacques, Brittany Groth, Sam Groth	2007
2:33.17	Claire Jacques, Jenny Ebeling, Brittany Groth	2008
2:33.2	Taylor Bugos, Amber Wittenburg, Sam Groth	2005
2:33.4	Katie Adam, Kim Gawrisch, Jenni Goodger	2000
2:33.7	Stephanie Piekarski, Lisa Gawrisch, Katie Schulz	1995
2:35.2	Sarah Ibisch, Shaquita Knox, Amy Krueger	1989

4 X 1600 Meter Relay

21:56.4	<i>Shannon Horn, Jennifer Bohme, Jessica Potter, Julie Meincke</i>	1999
22:25.64	Diana Spiegelberg, Angie Blasezyk, Ketti Amborn, Kari Baltutis	2006
22:48.8	Shannon Horn, Andrea Cook, Jennifer Bohme, Kristin Seeger	2000
23:01.3	Melinda Borchardt, Mandy Oren, Jessica Potter, Julie Meincke	1998
23:02.1	Melinda Borchardt, Amanda Lesser, Jessica Potter, Julie Meincke	1998
23:02.2	Kelsie Birschbach, Carly Lautz, Diana Spiegelberg, Angie Blasezyk	2007
23:03.0	Jennifer Bohme, Kristen Keller, Shannon Horn, Julie Meincke	1999
23:05.40	Diana Spiegelberg, Ketti Amborn, Kari Baltutis, Kelsie Birschbach	2006
23:21.12	Kristen Carow, Lisa Kehl, Julie Kent, Erica Spiegelberg	2009
23:24.49	Julie Kent, Lisa Kehl, Alex Lueck, Erica Spiegelberg	2010

Sprint Medley Relay (100 – 100 – 200 – 400) or (400 – 200 – 100 – 100)

1:53.83	<i>Alayna Greenfield, Krissy Day, Amanda Pawlak, Maria Thompson</i>	2008
1:55.07	Krissy Day, Brittany Pintar, Sara Hirschmann, Lauren Rahn	2009
1:56.35	Ambria Avery, Hannah Kren, Erica Hallmann, Elise DeNoyer	2011
1:56.73	Ambria Avery, Hannah Kren, Alayna Greenfield, Lauren Rahn	2010
1:55.9	Val Rasner, Desiree Hill, Darcelle Hill, Beth Ibisch	1998
1:59.4	Krissy Day, Lauren Rahn, Amanda Pawlak, Brittany Pintar	2007
1:59.72	Amanda Pawlak, Ny-Eida Wilson, Emily Rasmussen, Brittany Groth	2006
1:59.5	Ann Fitzsimmons, Jackie Kern, Natalie Nelson, Rachel Scheibe	2000
1:59.6	Melanie Beyersdorf, Mallory Pointek, Tracy Beglinger, Shannon Walecki	2005
1:59.7	Cressandra Owens, Danelle Kolander, Katherine Smith, Amber Wittenburg	2004

Times with one decimal place are hand times. Times with two decimal places are FAT. Hand times have .24 added to them for sorting purposes.

i = Indoor mark

WISCONSIN LUTHERAN HIGH SCHOOL TRACK & FIELD

GIRLS' ALL-TIME LISTS

ODD EVENTS

Distance Medley Relay (400 – 800 – 1200 – 1600)

13:15.56	<i>Melanie Beyersdorf, Kelsie Birschbach, Emily DeNoyer, Erica Spiegelberg</i>	2008
13:20.8	Kristen Keller, Shannon Horn, Jessica Potter, Julie Meincke	1998
13:23.8	Krista Hernandez, Robyn Kolosovsky, Kristin Seeger, Jessica Potter	2000
13:24.6	Robyn Kolosovsky, Kristin Seeger, Andrea Cook, Jessica Potter	1999
13:30.5	Jenni Goodger, Mandy Oren, Jessica Potter, Julie Meincke	1998
13:37.8	Becky Wilson, Emily Goodger, Kristin Seeger, Krista Hernandez	2002
13:38.1	Kim Pate, Kris Goodger, Misty Melsheimer, Andrea Wiechmann	1993
13:38.5	Melanie Beyersdorf, Emily DeNoyer, Ashleigh Fischer, Erica Spiegelberg	2007
13:39.54	Angie Blasezyk, Emily Dagenhardt, Emily Goodger, Ketti Amborn	2005
13:40.2	Sarah Hoefner, Jenny Pena, Kris Goodger, Andrea Wiechmann	1994

Shot Put Relay

112-10.5	<i>Patti Escobar, Shelly Fondriest, Rebecca Fritz</i>	2007
108-6.25	Jennie Bailey, Kim Dankemeyer, Anngie Ferris	1992
107-8.25	Kelli Johnson, Kerri Tolbert, Ashley Draeger	2009
103-5.5	Shelly Fondriest, Jillian Walker, Rebecca Fritz	2006
103-4.5	Shelly Fondriest, Kelli Johnson, Kerri Tolbert	2008
100-5.25	Kelli Johnson, Kerri Tolbert, Nyasha Gatewood	2010
98-6i	Kelli Johnson, Kerri Tolbert, Da'Sha Wilbern	2010
96-5i	Shelly Fondriest, Kelli Johnson, Ashley Draeger	2008
95-5	Chandra Marshall, Diana Rocki, Shelly Wichman	1983
92-10	Shelly Fondriest, Rebecca Fritz, Jillian Walker	2005

Discus Relay

304-11	<i>Jennie Bailey, Kim Dankemeyer, Anngie Ferris</i>	1992
286-0	Patti Escobar, Shelly Fondriest, Rebecca Fritz	2007
279-2	Kim Dankemeyer, Kris Pedersen, Kari Rosenberg	1989
269-11	Sarah Fondriest, Ann Fredrickson, Dana Jackson	1995
259-1	Ann Fredrickson, Dana Jackson, Jamie Nottling	1994
258-7	Rebecca Fritz, Jillian Walker, Diandrea Reske	2006
257-0	Kris Pedersen, Kari Rosenberg, Michelle Sant	1988
256-11	Kris Pedersen, Michelle Sant, Jenny Wichman	1987
253-0	Kelli Johnson, Kerri Tolbert, Ashley Draeger	2009
250-5	Kelli Johnson, Kerri Tolbert, Nyasha Gatewood	2010

High Jump Relay

14-7	<i>Lisa Kargus, Amy Proeber, Katie Schulz</i>	1995
14-6	Emily Rahn, Sam Schulz, Liesl Tesch	2003
14-4	Erica Tesch, Hannah Kren, Erica Hallmann	2011
14-4i	Michelle Mitchell, Rachel Johnson, Emily DeNoyer	2007
14-4	Michelle Mitchell, Emily Rasmussen, Liesl Tesch	2004
14-4	Mandy Eberle, Liesl Tesch, Julie Van Lieshout	2002
14-2	Hannah Kren, Rachel Tesch, Logan Bartz	2010
14-2	Michelle Mitchell, Rachel Johnson, Brittany Pintar	2006
14-2	Becky Pate, Stephanie Piekarski, Katie Schulz	1997
14-0	Rachel Johnson, Michelle Mitchell, Emily Rasmussen	2005
14-0	Katie Adam, Megan Schlieper, Liesl Tesch	2003
14-0	Julia Buzdum, Mandy Eberle, Charlotte Shaw	2001
14-0	Mandy Eberle, Leah Hutchens, Charlotte Shaw	2000
14-0	Lisa Kargus, Katie Schulz, Jenny Ziolkowski	1994
14-0	Michelle Corbeil, Lori Hardrick, Jenny Ziolkowski	1991

Times with one decimal place are hand times. Times with two decimal places are FAT. Hand times have .24 added to them for sorting purposes.

i = Indoor mark

WISCONSIN LUTHERAN HIGH SCHOOL TRACK & FIELD

GIRLS' ALL-TIME LISTS

ODD EVENTS

Long Jump Relay

48-9	<i>Lisa Gawrisch, Cici Grayson, Kristin Paschke</i>	1995
48-6.5	Brittany Groth, Jenny Ebeling, Krissy Day	2008
48-6.5i	Brittany Groth, Michelle Mitchell, Krissy Day	2007
48-0.5	Sara Hirschmann, Danielle Loberg, Hannah Kren	2011
47-9.75i	Sara Hirschmann, Danielle Loberg, Erin Greenfield	2010
47-7	Krissy Day, Jenny Ebeling, Sara Hirschmann	2009
46-8	Jacki Draeger, Cici Grayson, Kristin Paschke	1994
46-2.5i	Sara Hirschmann, Hannah Kren, Erica Hallmann	2011
45-10.5	Trisha Petersen, Kari Rosenberg, Kim Rosenberg	1989
45-10	Brittany Groth, Krissy Day, Loryn Kressin	2006

Triple Jump Relay

99-5.25	<i>Michelle Mitchell, Emily Rasmussen, Loryn Kressin</i>	2006
98-10i	Michelle Mitchell, Emily Rasmussen, Sam Groth	2006
98-4.25	Katie Adam, Karis Huebner, Charlotte Shaw	2001
98-4	Jenny Ebeling, Kati Blei, Maggie Rasmussen	2009
97-4.25	Jenny Ebeling, Michelle Mitchell, Loryn Kressin	2007
95-11.25	Katie Adam, Karis Huebner, Emily Rasmussen	2003
95-9.75i	Kati Blei, Alayna Greenfield, Taylor Corkum	2010
95-8.25	Jacki Draeger, Lori Hardrick, Lisa Kosloske	1992
95-5.75	Jenny Ebeling, Loryn Kressin, Maggie Rasmussen	2008
95-2	Tracy Keller, Amanda May, Kristin Paschke	1995

Pole Vault Relay

26-0	<i>Logan Bartz, Nikki Reinhardt, Taylor Corkum</i>	2010
26-0	<i>Cassie Bruce, Carly Statza, Allie Graham</i>	2006
25-0	Claire Jacques, Nikki Reinhardt, Loryn Kressin	2008
24-6	Taylor Corkum, Brittany Hablewitz, Shannon Oesterreich	2011
23-0	Logan Bartz, Nikki Reinhardt, Candy Stack	2009
22-6i	Cassie Bruce, Danielle Holden, Meredith Totsky	2005
22-0	Jennifer Burrill, Noel Geldon, Meredith Totsky	2003
21-0	Noel Geldon, Danielle Holden, Meredith Totsky	2004
18-6	Allie Graham, Noel Geldon, Meredith Totsky	2005
16-0i	Logan Bartz, Nikki Reinhardt, Hannah Ryshke	2009

600 Meter Run

1:40.75	<i>Kristin Seeger</i>	2000
1:41.91	Kelsie Birschbach	2006
1:42.26	Kari Baltutis	2004
1:44.38	Julie Meincke	1997
1:45.12	Jessica Potter	2001
1:47.0	Emily DeNoyer	2007
1:50.37	Rachael Uitz	1999
1:50.59	Shannon Horn	1998
1:51.01	Angie Blasezyk	2005
1:51.70	Jenni Goodger	1997

1000 Meter Run

3:10.84	<i>Kristin Seeger</i>	2000
3:14.60	Angie Blasezyk	2007
3:22.11	Emily Goodger	2004
3:22.97	Katie Nettesheim	2004
3:24.97	Ashleigh Fischer	2007
3:27.75	Melinda Borchardt	1999
3:30.26	Emily Dagenhardt	2005
3:31.66	Miranda Borchardt	1999
3:34.98	Robyn Kolosovsky	2000
3:36.02	Jessica Strobel	2003

Times with one decimal place are hand times. Times with two decimal places are FAT. Hand times have .24 added to them for sorting purposes.

i = Indoor mark